



## **Dementia Awareness Day and Memory Walk**

**Sunday 17th May 2026**

**10:30 – 16:00**

**At Beechenhurst**

**What3Words location: [///impressed.abruptly.deed](https://impressed.abruptly.deed)**

**Please note parking charges apply**

Forest of Dean Dementia Action Alliance welcomes everyone to an awareness, information and fun day suitable for all age groups, which will include guided walks, indoor virtual walks, circus skills by Artspace, information stands from our members/partners, plus you can view the wonderful merchandise kindly donated by local crafters to raise awareness of dementia.

Help to create a memory wall installation – you can add a photo of someone you know who had or has dementia (these cannot be returned) in celebration of them or you could add a memory to a large forget me knot flower.

**The event will be opened at 10:30 by Dr Jennifer Bute**

*Dr Jennifer Bute, a former GP, retired due to early onset Alzheimer's and now campaigns for people with dementia. She speaks inspiringly about living with the condition and finding positives in her experience.*

Maps will be provided on the day for self-guided routes, or you can book to join a guided mindful walk at: [www.wildeearthjourneys.org/product-page/dementia-awareness-day-walks](https://www.wildeearthjourneys.org/product-page/dementia-awareness-day-walks)

**10:45 and 13:45: Forest tracks, undulating with gentle climb - 1.7 miles**

**11:15 and 14:30: The Glade trail, accessible for all - 0.6 miles**

or click on the QR code:



A Tramper all-terrain mobility scooter will be available on the day and must be booked in advance by emailing: [fodrangers@forestryengland.uk](mailto:fodrangers@forestryengland.uk)

**We look forward to welcoming you!**

**Keep an eye out for events across the County for Dementia Awareness Week  
#DAWGLOS26**



Creating a  
**Dementia  
Inclusive  
Community**

[www.foddaa.co.uk](http://www.foddaa.co.uk)



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